

SEPTEMBER | 2020



SEPTEMBER MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|--|--|---|---|
| <p>31</p> | <p>1</p> <p>Hot Dog OR Cheese Coney Roasted Potatoes Onions, Shredded Cheese Carrots/ Celery w/ Dip Diced Pears Fresh Fruit Milk</p> | <p>2</p> <p>Sliced Turkey with Gravy Dinner Roll Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit Milk</p> | <p>3</p> <p>Chicken Nuggets Mac and Cheese Baked Beans Veggie Boat Mandarin Oranges Fresh Fruit Milk</p> | <p>4</p> <p>NTI DAY</p> |
| <p>7</p> <p>LABOR DAY</p> | <p>8</p> <p>Cheese OR Pepperoni Pizza Carrots with Dip Steamed Broccoli Diced Pears Fresh Fruit Milk</p> | <p>9</p> <p>Spaghetti with Meat Sauce Corn Garden Salad Pineapple Tidbits Fresh Fruit Milk</p> | <p>10</p> <p>Confetti Pancakes Sausage Links Smile Fries Veggie Boat Baked Apples Fresh Fruit Milk</p> | <p>11</p> <p>Pizza Crunchers Marinara Sauce Green Beans Garden Salad Mandarin Oranges Fresh Fruit Milk</p> |
| <p>14</p> <p>Chicken Tenders Roasted Potatoes Green Beans Diced Peaches Frozen Sidekick Fresh Fruit Milk</p> | <p>15</p> <p>Beef Taco with Queso Salsa, Sour Cream Corn, Black Beans Diced Pears Fresh Fruit Milk</p> | <p>16</p> <p>Chicken Drumstick with Dinner Roll Mashed Potatoes Glazed Carrots Pineapple Tidbits Fresh Fruit Milk</p> | <p>17</p> <p>Baked Ziti with Breadstick Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk</p> | <p>18</p> <p>French Toast Scrambled Eggs Salsa Veggie Boat Baked Apples Fresh Fruit Milk</p> |
| <p>21</p> <p>Mini Corn Dogs Mac & Cheese Corn Broccoli with Dip Frozen Sidekick Diced Peaches Milk</p> | <p>22</p> <p>Cheeseburger/Hamburger Potato Wedges Baked Beans Diced Pears Fresh Fruit Milk</p> | <p>23</p> <p>Salisbury Steak Dinner Roll Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit Milk</p> | <p>24</p> <p>3 or 4 Way Chili Spaghetti Kidney Beans, Onions Shredded Cheese, Oyster Crackers Glazed Carrots, Veggie Boat Mandarin Oranges, Fresh Fruit Milk</p> | <p>25</p> <p>Cheese Bites with Marinara Sauce Green Beans Garden Salad Applesauce Fresh Fruit Milk</p> |
| <p>28</p> <p>Chicken OR Cheese Quesadilla Salsa, Sour Cream Refried Beans, Corn Frozen Sidekick Diced Peaches Milk</p> | <p>29</p> <p>Hot Dog OR Cheese Coney Roasted Potatoes Onions, Shredded Cheese Carrots/ Celery w/ Dip Diced Pears Fresh Fruit Milk</p> | <p>30</p> <p>Sliced Turkey with Gravy Dinner Roll Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit Milk</p> | <p>1</p> | <p>2</p> |

Alternate Meal Choices

- **Hummus Grab n Go**
 - Hummus cup
 - Tostitos chips
 - Cheese stick
 - Carrots and Dip
 - Fruit Cup
 - Milk
 - **Protein Pack**
 - Hard Boiled Egg
 - Cheese stick
 - Jungle Crackers
 - Fruit Cup
 - Carrots and Dip
 - Milk
 - **PB and J Grab n Go**
 - PB and J
 - Cheese stick
 - Goldfish
 - Carrots and Dip
 - Fruit cup
 - Milk
 - **Turkey Coin and Cheese Lunchable**
 - Turkey Coins
 - Cheese Cubes
 - Ritz Cracker
 - Cheez-its
 - Carrots and Dip
 - Fruit Cup
 - Milk
- *Not offered on Fridays**
- *Turkey Option Not Offered on Fridays**